

What to expect from an abdominal ultrasound

The information listed below is only a guide; you will be advised of specific details when making your appointment.

Ultrasound is a procedure which uses harmless high frequency sound waves to produce pictures of the body.

Note: If you have had a previous examination relating to this examination at another provider, please inform the booking team as we need to acquire those images for comparison.

Prior to your appointment

1. **Do not eat or drink for 6 hours prior to your appointment**, with the exception of water, black tea or black coffee – no milk or sugar.
2. Continue to take all prescribed medication as usual.
3. Let us know prior to your appointment if you are a diabetic. You may prefer an earlier appointment.
4. Wear casual, comfortable two-piece clothing where possible.

On arrival

1. **Please bring your referral form from your doctor or referrer.**
2. **Arrive at least 10 minutes prior to your scheduled appointment.**
3. Allow approximately 30–60 minutes for this procedure.

After procedure

1. After the scan, you can resume normal activities.
2. A report will be sent to your doctor or referrer as soon as possible.

If you have any questions regarding your ultrasound appointment, **please do not hesitate to call us on 09 630 3324 or 0800 497 297.** We look forward to seeing you.