

What to expect from a CT colonography

The information listed below is only a guide; you will be advised of specific details when making your appointment.

CT colonography is an examination of your large bowel.

Prior to your appointment

1. It is essential your large bowel is completely empty for this examination.
Bowel preparation starts 24 hours before the procedure. You may also be required to follow a low fibre diet 2 days prior; booking staff will advise.
2. You will receive detailed instructions and a bowel preparation kit prior to your appointment. Please follow the instructions carefully.
3. Continue to take all prescribed medicine as usual and bring a list of any medications you are currently taking to your appointment.
4. Please notify the booking staff if you have any known bowel conditions, kidney issues, heart failure or diabetes.

On arrival

1. **Please ensure you bring your referral form from your doctor to your appointment.**
2. **Please arrive 10 minutes before your scheduled appointment.**
3. You should allow a total of 60 minutes for this appointment. The CT staff will explain the procedure and gain consent from you.
4. To visualise your large bowel carbon dioxide gas flows into your large bowel via a small tube that is placed in your rectum. A series of quick scans are performed once the bowel has been distended sufficiently.

After procedure

1. After the scan, you can resume normal activities.
2. A report of your scan will be sent to your doctor as soon as possible.

If you have any questions regarding your CT appointment, **please do not hesitate to call us on 09 630 3324 or 0800 497 297.** We look forward to seeing you.