

What to expect from a nuclear medicine scan

The information listed below is only a guide; you will be advised of specific details when making your appointment.

Nuclear medicine involves the administration of radiopharmaceuticals to diagnose and treat disease. The scanner produces images by detecting a small amount of a radioactive tracer in your body, which is either injected, swallowed or inhaled.

Prior to your appointment

1. Please send us the referral from your doctor.
We must have your referral before we can make your booking.
2. Please contact us to get specific instructions on how to prepare for your test.
3. Please contact us prior to your appointment if you think you might be pregnant, are pregnant or are breastfeeding. Specific preparation instructions will be given for lactating mothers.

On the day

Wear loose, comfortable, warm clothing to your appointment. You may be asked to change into a hospital gown prior to your scan. You will be asked to remove metal objects, such as earrings, watches, hairclips and other jewellery from your person as these items can cause artefacts on the images.

On arrival

1. **Please make sure you arrive 15 minutes prior to your scheduled appointment time.**
2. The procedure is specific to the type of nuclear medicine scan you are having. This will be explained to you during booking and again at your appointment.

After procedure

1. After the scan, you can resume all activities as normal.
2. A report will be sent to your doctor as soon as possible.

If you have any questions regarding your nuclear medicine appointment, **please do not hesitate to call us on 09 623 5885 or 0800 497 297.**
We look forward to seeing you.