

TAKE ACTION

Ideas to create change

COMMUNITY

PERSONALLY

SCHOOL

PROVINCE





COMMUNITY

1. Hold a focus group with youth and adults in your community and show them what we can all gain if we act today.

- Bring people together around things that they care about. Ask them: What are the things you enjoy doing today? What are things you want your children's children to be able to do? What are the changes that need to happen if you want others to enjoy those things 20 years from now?



SCHOOL

1. Advocate for wetland Conservation

- Take the pulse of wetland knowledge at your school. What do students know about wetlands? Dispel the myths; show how wetlands impact their lives and lessen the effects of climate change.



- Promote behaviours such as wetland conservation and discourage draining of wetlands.

2. Advocate for a greener school



- Request that your high school takes on a sustainability pledge! List the changes you want to see and make sure the commitments are met.

3. Promote new behaviours that students can adopt at school in a fun and engaging way:



- Hold a hand-me-down clothing fashion show
- Hold a "one week with no one use plastic" contest
- Hold a sweater day, where your school turns down the heat and everyone wears an ugly sweater that day
- Encourage fans to bring their reusable water jugs at sports events
- Start a bike club; promote biking to school and offer workshops to tune up your bike

4. Create a safe space to talk about the emotions associated with climate change.



- This is an opportunity for you and fellow classmates to discuss the information, talk about how it makes you feel and be reassured that it is normal to feel this way and that you are not alone.

5. Go Vote! Too young, you say? Vote for your student body president! Or better yet, run for school body president!



PERSONALLY

1. Take personal actions that have a high impact on your greenhouse gas emissions:



- Carpool, bike or use transit system
- Buy local products
- Reduce air travel
- Ask for change
- Vote in your school, community, province and country

2. Choose a career in green technology (trade) or continue to university in a field where you think you can have an impact (for example: environmental studies, political science, entrepreneurship)



PROVINCE

1. Advocate for changes in your high school curriculum to your provincial government.

- Request that climate change and civic education be incorporated in each grade and adapted to each level. If your school offers psychology as an elective, could you learn about climate change through that lens?

