

Laurentians

NORTH OF MONTRÉAL,
QUÉBEC, CANADA

NATURE AND RESORT ADVENTURE

MONT-TREMBLANT, MONT-BLANC,
VAL DES LACS AND LAC SUPÉRIEUR SECTOR





Day 1

Mont-Tremblant, Mont-Blanc, Sainte-Agathe-des-Monts Val-des-Lacs and Saint-Hippolyte Adventure Nature sector

Several options

- Hike with or without a guide with **D-Tour** at **Parc national du Mont-Tremblant** (La Diable sector), montagne Verte or Domaine Saint-Bernard
- Jeep and dog-hiking excursion with **Aventure Plein Air St-Hippolyte**
- Via ferrata course at **Parc national du Mont-Tremblant** or with **Tyroparc** in Sainte-Agathe-des-Monts
- E-bike rental and alternative discovery of the City of Mont-Tremblant with a guided outing from **D-Tour** or guided tour by bus
- Cycling along **Le P'tit Train du Nord** linear park
- Guided horseback ride, wood bison observation, hand fishing, and forest survival with **Kanatha-Aki** in Val-des-Lacs
- Visit the **Sentier des cimes Laurentides** in Mont-Blanc and acrobatic performance in the summer.
- Wellbeing, hot-cold therapy, and massages at **Scandinave Spa Mont-Tremblant** or **Strøm Spa Saint-Sauveur**.



Accommodations

- At the **Parc national du Mont-Tremblant**: campgrounds, ready-to-camp, cabins
- Surrounding area: Tremblant Resort, hotels, bed-and-breakfasts, inns, cottages and one-of-a-kind accommodation experiences



Day 2

Day at Tremblant Resort

Choice of activities

- Gondola ride to the top of Mont Tremblant, the region's highest peak at 875 metres, and hiking
- Express Tour (1 zipline) or Main Tour (5 ziplines, trail hiking) at **Ziptrek Écotours Tremblant**
- For kids: Attraction Passport available at the resort
- Glide down the mountain on a summer toboggan
- Play at Le Diable or La Bête golf courses
- Brind'O Aquaclub
- Mini-Golf
- Beach
- Club nautique (boat club)
- **Casino de Mont-Tremblant**
- Tonga Lumina, multimedia show in the forest
- Summer skiing and sliding on synthetic surfaces



Note that some of these attractions may be unavailable

To discover the LAURENTIANS and all the travel possibilities available for your customers:

Fabienne Hervé
International Marketing Representative and International Media Relations Manager

450 436-8532, ext. 2238
fabienne.herve@laurentides.com • laurentianstourism.com

bonjour
québec

TOURISM
Laurentians

Laurentians

NORTH OF MONTRÉAL,
QUÉBEC, CANADA

LARGER THAN LIFE

ADVENTURES IN THE
UPPER LAURENTIANS





The **parc régional Kiamika** located 1 hour north of Mont-Tremblant, offers a unique and exotic experience: hiking, canoe camping, and observing bald eagles and wild ducks.



Adventure suppliers

Air Mont-Laurier offers panoramic flights and seaplane transfers from its base in Rivière-Rouge or from various locations, upon request. Option to stay at an exclusively fly-in cottage.

Parc régional du Poisson Blanc,

a well-kept secret in the Upper Laurentians, in Notre-Dame-du-Laus, offers unique camping retreats on private islands accessible by canoe, kayak, or stand-up paddle board. The park also offers 4-season micro shelters.



Unforgettable stays:

- **Pourvoirie Le Triolet**, Notre-Dame-du-Laus
- **Lièvre Rouge**, Lac-Saguay
- **Écolodge, Aventures Kiamkia**, Rivière Rouge

Parc régional Montagne du Diable in Ferme-Neuve offers a wide variety of hiking and mountain biking trails surrounding the majestic Montagne du Diable. Accommodation: campsites, nature cottages and tiny houses in the Chute Windigo sector.

Pourvoirie des 100 Lacs Sud, located in the heart of the forest with a view of the lake, offers various multi-activity packages and welcomes you to the lakefront in a log cabin, private room, or cottage. Summer activities: fishing, hiking, water activities, ATViing, canoeing, wildlife observation, and more.



The “Mekoos” forest inn, also known as **Pourvoirie Mekoos**, welcomes you to its forest cottages or private rooms in the lodge. Complete package with meals. Summer activities: lake fishing, hiking, water activities, ATViing, canoeing, wildlife observation, and more. Packages possible with **Pourvoirie Notawissi**.

Outdoor Logistik has “custom” packages for FIT or group clients who want a memorable snowmobile, quad, or side-by-side experience.



Note that some of these attractions may be unavailable.

To discover the LAURENTIANS and all the travel possibilities available for your customers:

Fabienne Hervé

International Marketing Representative and International Media Relations Manager

450 436-8532, ext. 2238

fabienne.herve@laurentides.com • laurentianstourism.com

bonjour
québec

TOURISM
Laurentians

Laurentians

NORTH OF MONTRÉAL,
QUÉBEC, CANADA

DISCOVERY ROUTES

TASTY ROAD TRIP

TASTE, HEAR, AND LIVE THE LAURENTIANS
ON THE ROAD



©Gourmet Sauvage



Day 1

Gastronomic experience through the rural landscapes of the Chemin du Terroir tourist route, before linking up with the Route des Belles-Histoires.

Several options

- Discovery of **Parc national d'Oka** through the Calvaire d'Oka hiking trail.
- Stop at Oka Abbey general store to discover and purchase local products, like the famous Oka cheese.
- Tractor ride, tour and apple cider tasting in an orchard.
- Tour and tasting at the **Rivière du Chêne Winery**, known for its wines from the Oka Valley: La Cantina, EROS, maple port, La Cuvée des Laurentides, and ADÉLARD maple wine.
- Year-round, discover the family-created perfume products at the store at Maison Lavande in Saint-Eustache, and tour of the lavender fields in the summer.
- On the Route des Belles-Histoires, discovery from Saint-Jérôme to Val-David.
- Visit of the Laurentian Ski Museum in Saint-Sauveur.



Accommodation

- Hôtel Lac Carling Golf & Spa
- Auberge du Lac Morency
- Hôtel Manoir Saint-Sauveur
- StoneHaven Le Manoir

Meals

- Hearty, homemade menus at **Cidrerie Lacroix**.
- Enjoy a meal at **Labonté de la Pomme's** maple apple shack.
- For maple syrup lovers, discover **Les Rondins** sugar shack, its country-style menu and its microbrewery.

Day 2

Discovery of our villages along the Route des Belles-Histoires: several routes are possible from Saint-Sauveur to Mont-Tremblant, with stops in Saint-Adèle, Val-Morin, Val-David, Sainte-Agathe-des-Monts, and Mont-Blanc.

Choice of activities

- Workshop on trapping interpretation and dreamcatcher making with **Carl le Trappeur**.
- Jeep and ATV excursions, canicross and fishing with **Aventures Plein Air St-Hippolyte** for an adrenaline rush.
- Family-friendly discovery or Cité des Bois course, with **Tyroparc**, mountain activity park (climbing, via ferrata, rappelling and mega-zipline).
- Guided horseback ride, wood bison observation or hand fishing with **Kanatha-Aki**.
- Wander above the trees, skimming the treetops from atop the panoramic tower of the **Sentier des cimes Laurentides**.
- Panoramic helicopter ride over Mont-Tremblant with **Héli-Tremblant**.
- Relaxation at **Strøm Spa Saint-Sauveur** or at **Scandinave Spa Mont-Tremblant** for a hot-cold therapy experience.
- E-fat bike (electric bike) introduction or outing, or mountain biking with a guide from **D-Tour** (1 to 2 hours).

Accommodation

- Hôtel Far Hills
- AX Hôtel Mont-Tremblant
- Microtel Mont-Tremblant
- Hôtel UNIQ
- Le Grand Lodge Mont-Tremblant
- Farouche Tremblant
- Les petits chalets
- Tremblant Resort

Meals

- Microbrasserie Shawbridge in Prévost
- Restaurant Nord (Strøm spa Saint-Sauveur)
- Chez Émile (Sentier des cimes Laurentides)
- La Buvette (Farouche Tremblant)
- Altitude Restaurant at the Casino

Note that some of these attractions may be unavailable

To discover the LAURENTIANS and all the travel possibilities available for your customers:

Fabienne Hervé

International Marketing Representative and International Media Relations Manager

450 436-8532, ext. 2238

fabienne.herve@laurentides.com • laurentianstourism.com

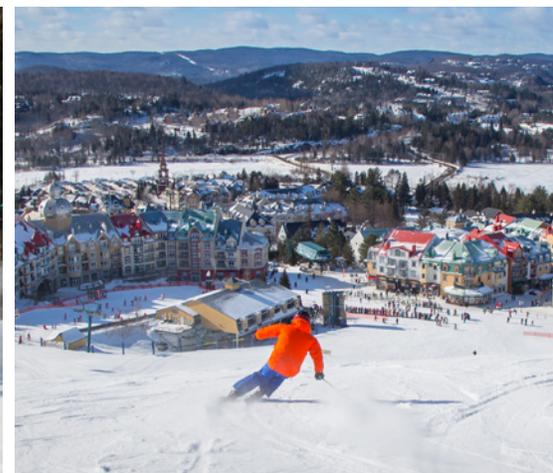
bonjour
québec

TOURISM
Laurentians

Laurentians

NORTH OF MONTRÉAL,
QUÉBEC, CANADA

WINTER JOY IN THE LAURENTIANS





HOLIDAY RESORTS

Hotels

- Hôtel Lac Carling Golf & Spa
 - Auberge du Lac Morency
 - Hôtel Manoir Saint-Sauveur
- Le Grand Lodge Mont-Tremblant
 - Tremblant Resort

Forest inns

- Pourvoirie Mekoos, Mont-Laurier
 - Pourvoirie des 100 lacs sud
 - Pourvoirie Le Triolet

Winter luxury

- Les petits chalets, Val-des-Lacs
 - StoneHaven Le Manoir
 - Hôtel Quintessence

Eccentric accommodation

- Écolodge Kiamika
- Farouche Tremblant
 - Lièvre Rouge
- Parc régional Montagne du Diable
- Parc régional du Poisson Blanc



WINTER ADVENTURES

Kanatha-Aki Centre in Val-des-Lacs

- Dogsledding, from excursion to expedition
 - Snowshoeing and bison observation
 - Ice fishing

Hot-cold therapy experience

- Strom Spa Saint-Sauveur
- Scandinave Spa Mont-Tremblant

Sentier des cimes Laurentides

- Hiking and snowshoeing

D-Tour Tremblant

- On-demand guided shuttle service
- Snowshoeing, cross-country skiing, or fat bike outing
- Guide service at Parc national du Mont-Tremblant and along the P'tit Train du Nord

Panoramic helicopter ride with Héli-Tremblant

Snow tubing and snow rafting

- Domaine Glissade des Pays d'en Haut
 - Sommet Saint-Sauveur

Downhill skiing and snowboarding

- Tremblant Station
- Sommet Saint-Sauveur
 - Ski Mont-Blanc

Trapping Interpretation Excursion with Carl le Trappeur

Tyroparc, Sainte-Agathe-des-Monts and Mont-Tremblant sector

- Snowmobiling
- Winter via ferrata
- Snowshoeing and ziplining

Canada Motoneige

- Snowmobiling, from excursion to expedition
 - Activities on demand

Aventures Plein Air St-Hippolyte

- Dogsledding
- Meal in the forest
- Snowmobile
- Ice fishing

Note that some of these attractions may be unavailable

To discover the LAURENTIANS and all the travel possibilities available for your customers:

Fabienne Hervé

International Marketing Representative and International Media Relations Manager

450 436-8532, ext. 2238

fabienne.herve@laurentides.com • laurentianstourism.com

bonjour
québec

TOURISM
Laurentians