

# Laurentians

NORTH OF MONTRÉAL,  
QUÉBEC, CANADA

ONLY 45 MINUTES FROM MONTRÉAL

A **4-SEASON**  
RESORT DESTINATION



[laurentiantourism.com](http://laurentiantourism.com)

## A year-round resort destination

Tremblant Resort and its casino with a view of the mountain

[tremblant.ca](http://tremblant.ca)

[casinodemonttremblant.ca](http://casinodemonttremblant.ca)

[lessuistremblant.ca](http://lessuistremblant.ca)

[fairmont.com](http://fairmont.com)

[westintremblant.com](http://westintremblant.com)

[homewoodsuitestremblant.com](http://homewoodsuitestremblant.com)

[marriott.com](http://marriott.com)

Mont-Tremblant

**Le Grand Lodge Mont-Tremblant** [legrandlodge.com](http://legrandlodge.com)

**Hôtel Quintessence** [hotelquintessence.com](http://hotelquintessence.com)

**AX Hôtel Mont-Tremblant** [axhotel.ca](http://axhotel.ca)

**Microtel Mont-Tremblant** [wynndhamhotels.com](http://wynndhamhotels.com)

The Saint-Sauveur Valley and Rouge Valley

**Hôtel Lac Carling Golf & Spa** [hotellaccarling.com](http://hotellaccarling.com)

**Hôtel Manoir Saint-Sauveur** [manoir-saint-sauveur.com](http://manoir-saint-sauveur.com)

**Auberge du Lac Morency** [lacmorency.com](http://lacmorency.com)

**Hôtel Far Hills** [farhillsinn.com](http://farhillsinn.com)

**StoneHaven le Manoir** [stonehavenlemanoir.com](http://stonehavenlemanoir.com)



## Inns and cottages

Forest luxury at **Sélénia Lodge**. [selenialodge.com](http://selenialodge.com)

Luxury cabin experience at **Les petits chalets**.  
[lespetitschalets.ca](http://lespetitschalets.ca)

**Auberge Le Cosy** [aubergelecosy.com](http://aubergelecosy.com)



## Eccentric accommodation

Cabin and spa experience at **Farouche Tremblant**. [farouche.ca](http://farouche.ca)

Glamping at l'**Hôtel UNIQ**. [hotel-uniq.com](http://hotel-uniq.com)

Eco-friendly accommodation with **Aventures Kiamika**.  
[aventureskiamika.com](http://aventureskiamika.com)

**Les Refuges Perchés Mont-Tremblant**

at Parc Éco-Laurentides. [refugesperches.com](http://refugesperches.com)

Nature cottages **Le Lièvre Rouge** [lievrerouge.ca](http://lievrerouge.ca)

**Huttopia Les Deux Lacs - Laurentides** [huttopia.com](http://huttopia.com)



## Dogsledding : from excursions to guided expeditions

Guided dogsled outing with **Aventures Kiamika**. [aventureskiamika.com](http://aventureskiamika.com)  
**Aventures Plein Air St-Hippolyte**  
[aventurespleinair.com](http://aventurespleinair.com)

Dog sledding with **Pouvoir Mekoos**.  
[mekoos.com](http://mekoos.com)

Guided forest outing, wood bison watching, ice fishing, and a meal (trout or fondue) at Val-des-Lacs with **Kanatha-Aki**.  
[kanatha-aki.com](http://kanatha-aki.com)



## River trip

The most comprehensive whitewater rafting experience for everyone, with professional guide. **Nouveau Monde Rafting** [newworld.ca](http://newworld.ca)

Padding down Rivière du Diable in **parc national du Mont-Tremblant**.  
[sepaq.com/mot](http://sepaq.com/mot)

## Panoramic flights

By seaplane or hydraski with **Air Mont-Laurier** in Rivière-Rouge.  
[airmontlaurier.com](http://airmontlaurier.com)

By helicopter with **Héli-Tremblant**.  
[heli-tremblant.com](http://heli-tremblant.com)



## Regional Parks in the Laurentians

Kayak, canoe camping or ready-to-camp with **Aventures Kiamika** at **parc régional Kiamika**. [aventureskiamika.com](http://aventureskiamika.com)

Hiking and mountain biking at **parc régional Montagne du Diable**. [parcmontagnedudiable.com](http://parcmontagnedudiable.com)

Campsite, nature cottage, or tiny house accommodation at **Windigo Falls**. [parcmontagnedudiable.com](http://parcmontagnedudiable.com)

Kayaking, canoe camping on wild islands, or microshelter getaways in **parc régional du Poisson Blanc**. [poissonblanc.ca](http://poissonblanc.ca)



## Wellbeing

Come and experience relaxation and hot-cold therapy

**Strøm Spa Saint-Sauveur** [stromspa.com](http://stromspa.com)

**Scandinave Spa Mont-Tremblant**  
[scandinave.com](http://scandinave.com)

Sivananda Ashram Camp de yoga.  
[sivanandacanada.org](http://sivanandacanada.org)

SHED studio, fitness in the heart of nature.  
[echoaloha.com](http://echoaloha.com)

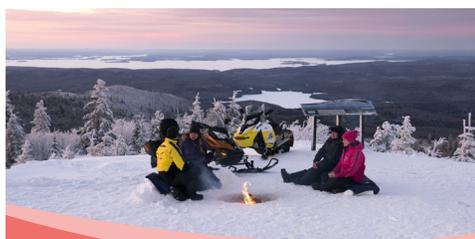
La Yourte yoga studio, Le Couvent Val-Morin.  
[lecouventvalmorin.ca](http://lecouventvalmorin.ca)



## Quebec National Parks

Guided hikes and canoe trips at **parc national du Mont-Tremblant** with **D-Tour**.  
[dtourtremblant.com](http://dtourtremblant.com) [sepaq.com](http://sepaq.com)

Hiking at **parc national d'Oka**. [sepaq.com](http://sepaq.com)



## From introductory to multi-day snowmobile trips

Departing from Sainte-Agathe-des-Monts, Saint-Hippolyte ou or Mont-Tremblant with **Tyroparc**. [tyroparc.com](http://tyroparc.com)

Dans les Hautes-Laurentides avec : **Canada Motoneige** [canadamotoneige.com](http://canadamotoneige.com)

**Pourvoirie Mekoos** [mekoos.com](http://mekoos.com)

**Pourvoirie des 100 Lacs Sud**  
[pourvoirie100lacs.com](http://pourvoirie100lacs.com)

**Aventures Plein Air St-Hippolyte**  
[aventurespleinair.com](http://aventurespleinair.com)

## Outfitters Adventure

**Pourvoirie Le Triolet** [pourvoirieletriolet.com](http://pourvoirieletriolet.com)

**Pourvoirie Mekoos** [mekoos.com](http://mekoos.com)

**Pourvoirie des 100 lacs Sud**  
[pourvoirie100lacs.com](http://pourvoirie100lacs.com)



## Adrenalin on a zipline

Summer and Winter zipline, hiking or snowshoe combo at **Tyroparc**. [tyroparc.com](http://tyroparc.com)

Aeroline, aerial adventure course, and wood bison observation combo at **Kanatha-Aki**.  
[kanatha-aki.com](http://kanatha-aki.com)

Express Tour (1 zipline) or Main Tour (5 ziplines, trail hiking) at **Ziptrek Écotours Tremblant**.  
[ziptrek.com](http://ziptrek.com)

## Outdoor experiences

Hiking at **Sentier des cimes Laurentides**. [sentierdescimes.ca](http://sentierdescimes.ca)

**Bike outing on Le P'tit Train du Nord**  
A 234-km bike path between Bois-des-Filion and Mont-Laurier. [parclineaire.com](http://parclineaire.com)

Horseback riding and hand fishing with **Kanatha-Aki**. [kanatha-aki.com](http://kanatha-aki.com)

Guided e-bike or mountain bike outings with **D-Tour**. [dtourtremblant.com](http://dtourtremblant.com)



# ROAD TRIPS



## Local and gourmet flavours



**Cidrie Lacroix** "Farm to table", Gourmet table all year-round, apple picking, cider house and store. [cidre-riellacroix.com](http://cidre-riellacroix.com)

**Labonté de la Pomme - Orchard – honey house & Apple/Sugar Shack** Discover the family-owned maple apple shack and taste the country-style layered waffles. [labontedelapomme.ca](http://labontedelapomme.ca)

**Microbrasserie Shawbridge** Culinary delights and artisanal beer under the same roof in a local and friendly atmosphere. Boutique featuring local products. [shawbridge.ca](http://shawbridge.ca)

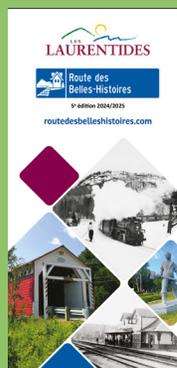
Treating yourself to great food and craft beer at Microbrasserie Uncle Broue at **Cabane à sucre Les Rondins** in Mirabel. [lesrondins.ca](http://lesrondins.ca)  
[cheminduterroir.com](http://cheminduterroir.com)



## Route des Belles-Histoires



Follow one of the routes used by early settlers over 284 km from the station in Saint-Jérôme to the station in Mont-Laurier and experience historic and heritage routes, covered bridges, the ski museum and the murals of Sainte-Adèle.



Thanks to a newly available BaladoDiscovery tour on your phone or tablet (online or offline by downloading ahead of time), travel back in time in the company of legendary priest Antoine Labelle, commonly known as the "King of the North".

[routedesbelleshistoires.com](http://routedesbelleshistoires.com)



## Cultural experiences and unique encounters

- Hiking, snowshoeing or fatbiking at **Oka National Park**. [sepaq.com](http://sepaq.com)
- Calvaire d'Huberdeau
- Encounter with a **professional trapper, Carl Blondin**. [cblonletrappeur.com](http://cblonletrappeur.com)
- Laurentian Ski Museum. [museeduski.com](http://museeduski.com)
- Moulin Légaré in Saint-Eustache.

To discover the LAURENTIANS and all the travel possibilities available for your customers:

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bonjour  
québec

TOURISM  
Laurentians