



GROUND BREAKING INSIGHTS FOR LONGER HEALTHIER LIVES.

May 2024

Message From Longer Life Foundation Leadership

Welcome to the May 2024 issue of the Longer Life Foundation newsletter! It is our goal to keep you up-to-date and engaged with our activities. It has been a busy spring, as we are now in the midst of our annual grant review process.

If this email was forwarded to you by a colleague, we invite you to subscribe. Please click [here](#) to do so and to stay current with the Foundation's plans and events. And if you have any questions, please reach out to us at any time.

Thank you,



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LLF Welcomes Tony Cheng as Chair, Board of Governors

On January 1, 2024, Tony Cheng became President and Chief Executive Officer of RGA and Chair of the Board of Governors of the Longer Life Foundation. This continues the more than a quarter-century tradition of RGA CEOs helping the Foundation and supporting our mission. "Since its inception, LLF's investigations have illuminated some of the most innovative scientific research on topics related to mortality and morbidity, and I am honored to have a role in the Foundation's future," he said.



Lunch & Learn Yields Substantial Researcher Interest in LLF Support

The Longer Life Foundation's January 25 Lunch & Learn session, held on Washington University School of Medicine in St. Louis's campus to introduce up-and-coming investigators to LLF, was a great success. The in-person luncheon yielded a record 35 Letters of Intent from early-stage investigators from 20 of the university's divisions. We are looking forward to receiving full applications from many of these scientists, with the goal of selecting seven to nine projects to support during the 2024-2025 grant year.



Dr. Ali Javaheri Presents on Heart Health

The groundbreaking research of LLF investigators continues to be featured prominently. On February 28, Ali Javaheri, M.D., Ph.D., who recently became Director of the Longer Life Foundation's Longevity Research Program (LRP), participated in a webinar for RGA's workforce members, discussing his research and the role of primary and secondary prevention in cardiac disease.



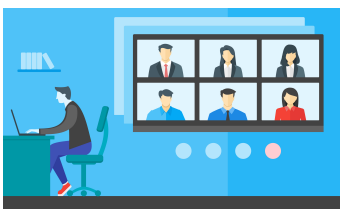
Grand Rounds to Feature Dr. Laura Marks

LLF continues to sponsor Grand Rounds at Washington University School of Medicine in St. Louis. The next one is scheduled for Thursday Sept. 19 at 8 am, and will feature LLF investigator Laura Marks, M.D., Ph.D. Dr. Marks, who is currently in her second year as an LLF grant recipient, oversees Washington University's Bridge to Health program and will present about the epidemiology of infectious disease risk among individuals who inject drugs.



Farewell to LLF's Amy Friedman

Amy Friedman, who has been integral to facilitating LLF content for more than a decade, is retiring from her roles at RGA and LLF. Since becoming involved with LLF, Amy has spearheaded several initiatives for the Foundation, including creating marketing content and commemorative materials for the 20th and 25th anniversaries, facilitating LLF's first social media presence and two website upgrades, and producing several videos for our YouTube channel. (Amy also created and edited this newsletter.) We wish her all the best in her life's upcoming journey!



Mark Your Calendars

On August 20, LLF's Advisory Group will meet at 8:30 a.m., Central Daylight Time, to discuss the 2024-2025 pool of grant applications. It's always a fascinating meeting, where we discover the latest thinking by junior and experienced researchers on current clinical and public health issues, and well worth your time to attend.

Watch your emails for an invitation to this meeting, which will be held virtually on Zoom, and a dedicated link to the proceedings.

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