



Message From The Managing Director

Welcome to the September 2021 issue of The Longer Life Foundation newsletter. As always, we hope you and your loved ones continue to be healthy and safe.

Our goal is to provide you with periodic updates on the Foundation's activities. In addition to LLF's recently announced grant recipients for the 2021-2022 grant year, we have also named a Director of Membership Engagement, and are continuing our well-received Grand Rounds sponsorships.

Please feel free to share this with your colleagues. If you have any questions, reach out to me at any time.

Thank you,



Daniel D. Zimmerman, M.D.
Managing Director, Longer Life Foundation
Senior Vice President, Head of Global Medical, RGA



2021-22 Grants Announced

In August, LLF announced eight awards for the 2021-2022 grant year. The grants, four of which are for new investigators, represent a timely and diverse spectrum, from assessing plant protein as a human nutrition source to topics in precision medicine, genetics, and novel biomarkers.

Please click [here](#) for more information about the most recent grants.



September Grand Rounds

Our next sponsored Grand Rounds will be on Thursday, September 23, 2021, from 8 am to 9 am, U.S. Central time. The presenter, Dr. Jacquelyn Y. Taylor, Ph.D., PNP-BC, RN, FAHA, FAAN, will speak on "**A Research Trajectory in Hypertension Genomics**". Dr. Taylor will also be meeting separately with several other Washington University in St. Louis faculty and researchers after her Grand Rounds as part of an effort to further promote LLF.

Dr. Taylor is the Helen F. Petit Professor of Nursing and the Executive Director of the Center of Research on People of Color at Columbia University in the City of New York. Her research focuses on health disparities worldwide for common chronic conditions among vulnerable populations. We are proud to sponsor her presentation on the importance of mentorship, pilot funding, and interdisciplinary contributions to scientific endeavors.

To view this live-streaming event, click [here](#). Please note that this Grand Rounds will not be recorded for later viewing.



LLF Leadership Team Grows

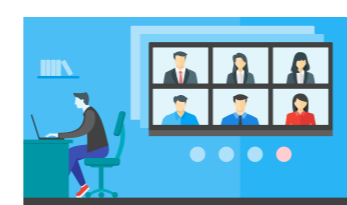
Dr. Preeti Dalawari of RGA has been named Director of Membership Engagement for LLF, a new function for the foundation. Dr. Dalawari, Medical Director, U.S. Mortality Markets, will be driving outreach for LLF and increasing our meaningful engagement with members of the insurance industry.



Expanding Research Reach

To expand the reach of our investigational findings, LLF has teamed with Hilary Henly, FCII, Global Medical Researcher, RGA, to produce a three-article series on LLF's high-impact and timely research.

The first of the three, "Calorie Restriction (CR): What is it and what does the research tell us?", focuses on the many years of groundbreaking research into this field that has been funded by LLF. It is available on RGA's Knowledge Center by clicking [here](#).



LLF Advisory Group Fall Meeting

The LLF Advisory Group Fall Meeting is scheduled for Thursday, November 18, 2021, from 9 am to 11:30 am, U.S. Central Time. The highlight of the meeting will be research updates from recent grant recipients. We will also be discussing plans and activities for 2022. A "Hold the Date" calendar invitation will be sent out in the near future.