



February 2023

Message From Leadership

Happy New Year and welcome to the February 2023 issue of the Longer Life Foundation newsletter! Our goal is to provide you with periodic updates on the Foundation's activities.

This year marks the 25th anniversary of LLF funding pilot and feasibility studies conducted by researchers at Washington University in St. Louis. To date, we have provided approximately \$8.3 million in grants to nearly 100 investigators, many of whom have gone on to make groundbreaking discoveries in their fields - discoveries which have impacted both clinical and insurance medicine.

Plans are in motion for several activities this year, which you will read about below. It is going to be an exciting year!

You are welcome to forward this newsletter to your colleagues. If you have any questions, please reach out to us at any time.

Thank you,



Daniel D. Zimmerman, M.D., DBIM
Managing Director, Longer Life Foundation
Senior Vice President, Chief Science Advisor, RGA



Preeti Dalwari, M.D., MSPH, ALMI
Deputy Managing Director and Director of Member Engagement, Longer Life Foundation
Vice President and Medical Director, USMM, RGA



A Quarter-Century of Research Success

The Longer Life Foundation is celebrating its 25th anniversary of supporting innovative early-stage research into factors affecting longevity and quality of life. There is quite a bit of commemorative activity, from coverage in local publications to our newly refreshed and revised website (see next story).

The Foundation kicked off this anniversary year in late January with a virtual informational meeting for prospective grant applicants. It was a lively meeting, with 17 very enthusiastic young researchers inquiring about the public health and medical research proposals they would like to pursue. We are looking forward to reviewing their applications.

If this newsletter was forwarded to you by a colleague, we invite you to subscribe. Please click [here](#) to do so and stay up to date with the Foundation's plans and events.



New Website!

LLF has a newly revised and refreshed website! Please click [here](#) to explore the redesigned pages, the enhanced search functions, and more.



Latest LLF-Sponsored Grand Rounds Presentation Now Available

Dr. Kory Lavine, M.D., Ph.D., Associate Professor of Medicine at Washington University School of Medicine in St. Louis and a past LLF grant recipient, gave a well-received presentation at December's LLF-sponsored Internal Medicine Grand Rounds titled "Precision Medicine for Inflammatory Heart Disease." To view his presentation, please click [here](#).

LLF will be sponsoring two Grand Rounds in 2023. Please watch for the next issue of this newsletter for more information.



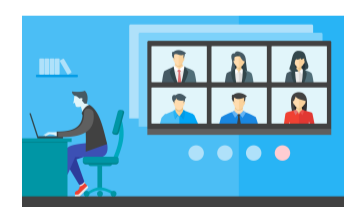
Mark Your Calendars

The 2023 Midwestern Medical Directors Association Annual Meeting and Scientific Session will be held on May 11th and 12th at the RGA Global Headquarters in Chesterfield, Missouri. Three alumni LLF investigators (Anuja Java, M.D., Kory J. Lavine, M.D., Ph.D., and Bettina Mittendorfer, Ph.D.) as well as other speakers will be presenting interesting and relevant content of interest to insurance medical directors. Please click [here](#) to register.



LLF Researcher Videos Series Available

Videos featuring interviews with current and former LLF grant recipients are now available on our dedicated YouTube channel. **Dr. Jeffrey Henderson, Dr. Jennie Kwon, Dr. Meredith Jackrel, and Dr. Bettina Mittendorfer** all discuss their work and coming soon is our interview with **Dr. Nathan Stitzel**. Please click [here](#) to visit the channel!



Spring Advisory Group Meeting News

The Spring 2023 meeting of the Longer Life Foundation Advisory Group will be on Monday, April 10, 2023, from 9:00 am to 11:30 am, Central time. The meeting will feature a discussion of the 2023 letters of intent as reviewed and presented by the Scientific Review Committee.

This will be the first in-person meeting since November 2019. Online access via Zoom will also be available. Advisory Group members: Please watch your inboxes for your "Save the Date" invitation, which will include a dedicated link.



Follow LLF on LinkedIn

Due to Twitter's current challenges, we are pausing LLF's Twitter feed until further notice. You can continue to access LLF's posts on our LinkedIn channel. Please click [here](#) to follow LLF on LinkedIn.