

## REVERSIBLE PERFORMANCE JERSEYS

\*ATHLETIC CUT



**LENGTH**  
Measured from neck seam to the bottom of the t-shirt.

**CHEST**  
Measured across the chest (not around the chest) below the sleeves.

*\*Size up if you're unsure about size*

## YOUTH JERSEY SIZES

ATHLETIC FIT	YS	YM	YL	YXL
CHEST - TOTAL CIRCUMFERENCE	30"	33"	36"	39"
LENGTH - HPS	23"	24"	26"	27"
SLEEVE LENGTH - CBN	14cm	15cm	16cm	17cm

## ADULT JERSEY SIZES

AUGUST 2025

ATHLETIC FIT	M	L	XL	2XL
CHEST - TOTAL CIRCUMFERENCE	43"	47"	51"	55"
LENGTH - HPS	31"	32"	33"	33"
SLEEVE LENGTH - CBN	18"	19"	20"	21"

## CORE SHORTS



YOUTH CORE SHORTS			
AUGUST 2025			
ATHLETIC FIT	YS	YM	YL
WAIST - AREA ABOVE HIPS	21 1/2"	22 1/2"	23 1/2"
HIP	33"	37 1/2"	41 1/2"
INSEAM	5"	5 1/2"	6"

ADULT CORE SHORTS					
AUGUST 2025					
ATHLETIC FIT	S	M	L	XL	2XL
WAIST - AREA ABOVE HIPS	24"	26"	28"	30"	32"
HIP	42 1/2"	46 1/2"	50 1/2"	54 1/2"	58 1/2"
INSEAM	7"	7"	7"	7"	7"

### Waist vs. Hips:

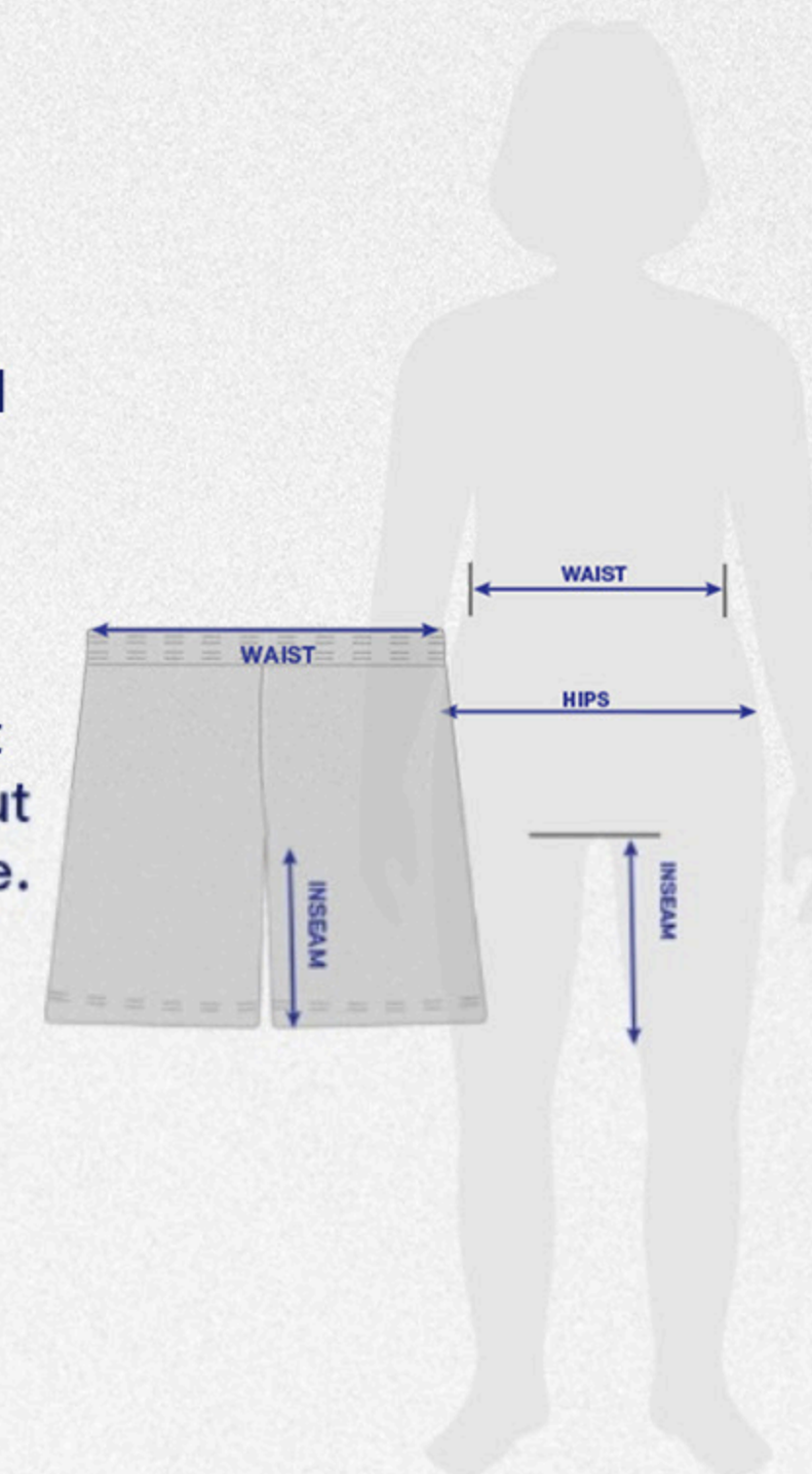
The waist is the narrowest part of your torso, above your belly button. The hips are the widest part of your lower body, around your buttocks. The waist sits higher than the hips.

### Hip Size:

Measure around the fullest part of your hips and buttocks, about 7-9 inches below your waistline.

### Inseam:

The inseam is measured from the crotch seam down to the hem of the shorts along the inner leg seam.



## FLEX REVERSIBLE SHORTS



YOUTH FLEX SHORTS			
AUGUST 2025			
ATHLETIC FIT	YS	YM	YL
WAIST - AREA ABOVE HIPS	21"	22"	24"
HIP	33"	33 1/2"	37 1/2"
INSEAM	5"	5"	5 1/2"

ADULT FLEX SHORTS					
AUGUST 2025					
ATHLETIC FIT	S	M	L	XL	2XL
WAIST - AREA ABOVE HIPS	24"	24"	28"	28"	32"
HIP	38"	40"	46"	46"	48"
INSEAM	7"	7"	7"	7"	7"

## PERFORMANCE SLEEVES



SIZES		
AUGUST 2025		
FIT	LENGTH	AGE
SMALL	13"	4-12
MED/LARGE	16.5"	12 - Adult

## PERFORMANCE SOCKS



SIZES		
AUGUST 2025		
FIT	SHOE SIZE	AGE
X-SMALL/SMALL	1-7 YOUTH	4-6
MED/LARGE	6-11 YOUTH	7-11