



RCX SPORTS FOUNDATION recognizes that youth-adult relationships can be healthy and valuable for development. Policies on one-on-one interactions protect children while allowing for these beneficial relationships. As child sexual abuse is often perpetrated in isolated, one-on-one situations, it is critical that organizations limit such interactions between youth and adults and implement programs that reduce the risk of sexual abuse.

ONE-ON-ONE INTERACTIONS

Observable and Interruptible

All one-on-one In-Program Contact between an Adult Participant and a Minor Athlete must be observable and interruptible, except in emergency circumstances. The exceptions below may apply to specific policies, and if the exceptions apply, they are listed in the policy. These exceptions also apply to all one-on-one In-Program Contact not specifically addressed in other policies:

- When a Dual Relationship exists; or
- When the Close-in-Age Exception applies; or
- If a Minor Athlete needs an Adult Participant Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to the RCX SPORTS FOUNDATION team for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with RCX SPORTS FOUNDATION's required training; and
 - (3) the Adult Participant Personal Care Assistant has complied with RCX SPORTS FOUNDATION's background check policy; or
- In other circumstances specifically addressed in this policy that allow for certain one-on-one interactions if the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator receives parent/ guardian consent.

MEETINGS AND TRAINING SESSIONS

Observable and Interruptible

Adult Participants must follow the one-on-one interaction policy in all meetings and training sessions where Minor Athlete(s) are present.

Individual Training Sessions

One-on-one, In-Program, individual training sessions must be observable and interruptible except if:

- A Dual Relationship exists; or
- The Close-in-Age Exception applies; or
- If a Minor Athlete needs a Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the RCX SPORTS FOUNDATION's required training; and
 - (3) the Adult Participant Personal Care Assistant has complied with the RCX SPORTS FOUNDATION's background check policy.

The Adult Participant providing the individual training session must receive advance, written consent from the Minor Athlete's parent/guardian at least annually, which can be withdrawn at any time; and parents/guardians must be allowed to observe the individual training session.

Meetings with Licensed Mental Health Care Professionals and Health Care Providers (Other Than Athletic Trainers)



LET'S PLAY

If a licensed mental health care professional or licensed health care provider meets one-on-one with a Minor Athlete at an RCX SPORTS FOUNDATION event or facility, which is partially or fully under RCX SPORTS FOUNDATION's jurisdiction, the meeting must be observable and interruptible except:

- If the door remains unlocked; and
- Another adult is present at the facility and notified that a meeting is occurring, although the Minor Athlete's identity needs not be disclosed; and
- At least two other Adult Participants are notified that the provider will be meeting with a Minor Athlete; and
- The provider obtains consent consistent with applicable laws and ethical standards, which can be withdrawn at any time.

ATHLETIC TRAINING MODALITIES, MESSAGES, AND RUBDOWNS

Athletic Training Modality, Massage, or Rubdown

All In-Program athletic training modalities, massages, or rubdowns of a Minor Athlete must:

- Be observable and interruptible; and
- Have another Adult Participant physically present for the athletic training modality, massage, or rubdown; and
- Have documented consent as explained below; and
- Be performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin, or genitals are always covered; and
- Allow parents/guardians in the room as an observer, except for competition or training venues that limit credentialing.

Consent

Consent must be obtained from Minor Athletes' parents/guardians before providing any athletic training modalities, massages, or rubdowns. Minor Athletes or their parents/guardians can withdraw consent at any time.

ELECTRONIC COMMUNICATIONS

Open and Transparent

All one-on-one electronic communications between an Adult Participant and a Minor Athlete must be Open and Transparent except:

- When a Dual Relationship exists; or
- When the Close-in-Age Exception applies.; or
- If a Minor Athlete needs a Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the RCX SPORTS FOUNDATION's required training; and
 - (3) the Adult Participant Personal Care Assistant has complied with RCX SPORTS FOUNDATION's background check policy.

Open and Transparent means that the Adult Participant copies or includes the Minor Athlete's parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant.



If a Minor Athlete communicates with the Adult Participant first, the Adult Participant must follow this policy if the Adult Participant responds.

Only platforms that allow for Open and Transparent communication may be used to communicate with Minor Athletes.

Team Communication

When an Adult Participant communicates electronically to the entire team or any number of Minor Athletes on the team, the Adult Participant must copy or include another Adult Participant or the Minor Athletes' parents/guardians.

Content

All electronic communication originating from an Adult Participant(s) to a Minor Athlete(s) must be professional in nature unless an aforementioned exception exists.

Requests to Discontinue

Parents/guardians may request in writing that their RCX SPORTS FOUNDATION team, Recreation Organization League Operator, RCX Sports or an Adult Participant subject to this policy not contact their Minor Athlete through any form of electronic communication. Their RCX SPORTS FOUNDATION team, Recreation Organization League Operator, RCX Sports and the Adult Participant must abide by any request to discontinue, absent emergency circumstances.

TRANSPORTATION

Transportation

An Adult Participant cannot transport a Minor Athlete one-on-one during In-Program travel, except if:

- A Dual Relationship exists; or
- The Close-in-Age Exception applies; or
- If a Minor Athlete needs a Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with RCX SPORTS FOUNDATION's required training; and
 - (3) the Adult Participant Personal Care Assistant has complied with the RCX SPORTS FOUNDATION's background check policy; and
- The Adult Participant has advanced, written consent to transport the Minor Athlete one-on-one obtained at least annually from the Minor Athlete's parent/guardian.

Minor Athlete(s) or their parent/guardian can withdraw consent at any time.

An Adult Participant meets the In-Program transportation requirements if the Adult Participant is accompanied by another Adult Participant or at least two minors.

Written consent from a Minor Athlete's parent/guardian is required for all transportation at least annually.

LODGING

Hotel Rooms and Other Sleeping Arrangements



All In-Program Contact at a hotel or lodging site between an Adult Participant and a Minor Athlete must be observable and interruptible, and an Adult Participant cannot share a hotel room or otherwise sleep in the same room with a Minor Athlete(s), except if:

- A Dual Relationship Exists, and the Minor Athlete's parent/guardian has provided the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator with advance, written consent for the lodging arrangement.
- The Close-in-Age Exception applies, and the Minor Athlete's parent/guardian has provided the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator with advance, written consent for the lodging arrangement; or
- If a Minor Athlete needs a Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to the applicable RCX SPORTS FOUNDATION team or Recreation Organization League Operator for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the RCX SPORTS FOUNDATION's required training; and
 - (3) the Adult Participant Personal Care Assistant has complied with the RCX SPORTS FOUNDATION's background check policy.

Written consent from a Minor Athlete's parent/guardian must be obtained for all In-Program lodging at least annually.