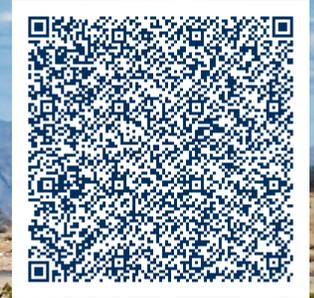


# Curiosity Builds Resilience



Curiosity and creativity spark new ideas and reduce stress. We can help you use both to solve problems, find balance, and build strength for challenges.



**Toll Free**  
833 354 2425  
Magna Dedicated Toll Free Line



**WhatsApp**  
+1 984 920 6875 Message only



**Direct Line**  
+1 984 810 5304  
Magna Dedicated Direct Dial Line



**Website**  
<https://global.helpwhereyouare.com>  
Company Code: Magna



**Book an Appointment**  
Log on to your member website to schedule an appointment.



**Balancy**  
Download the member app and register using the access code:  
245243

Available 24 hours a day, 7 days a week, 365 days a year

Support is provided by Workplace Options, staffed by professionals who are completely independent of your organization. They are bound by professional standards regarding confidentiality and do not disclose details of individuals who have contacted the service. Any information you share is at your discretion and will not be shared with your organization.