QUICKTIP

Self Check

Self Check performs a diagnostic test of the hearing aid system to ensure optimal performance of the hearing aid components including microphones, receiver and circuit. Self Check can be initiated by the hearing care professional within Pro Fit or by the user in My Starkey.

Initiating Self Check within Pro Fit

A baseline will automatically be established for the hearing aids, as indicated by green check marks. *[Fig. 1]*
Hearing care professionals can complete the Self Check diagnostic for their patient's hearing devices within Pro Fit.

1. Select **Self Check** from the **Flyout Menu** ☰.

2. Place hearing aids on a flat surface with the receivers facing up.

3. Reduce all sources of noise.

4. Click **Begin Test** to begin.

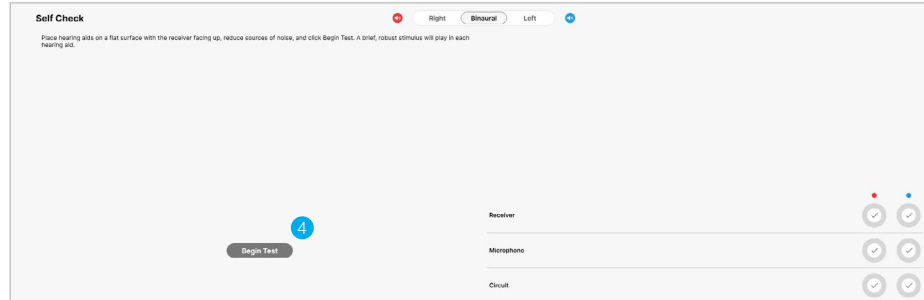5. A brief, robust stimulus will play in each hearing aid.

Figure 1

Self Check Results

Once the test is complete, results for each hearing aid component display on the screen. Hover over the results for more information. *[Fig. 2]*

(A) **Green:** Pass

(B) **Yellow:** Not performing to baseline. Check component.
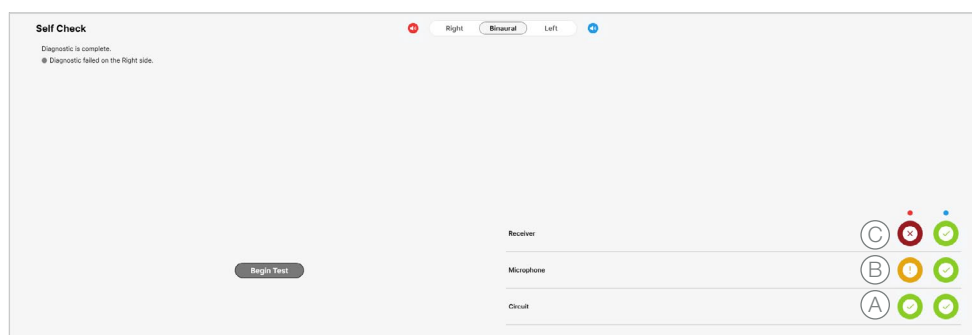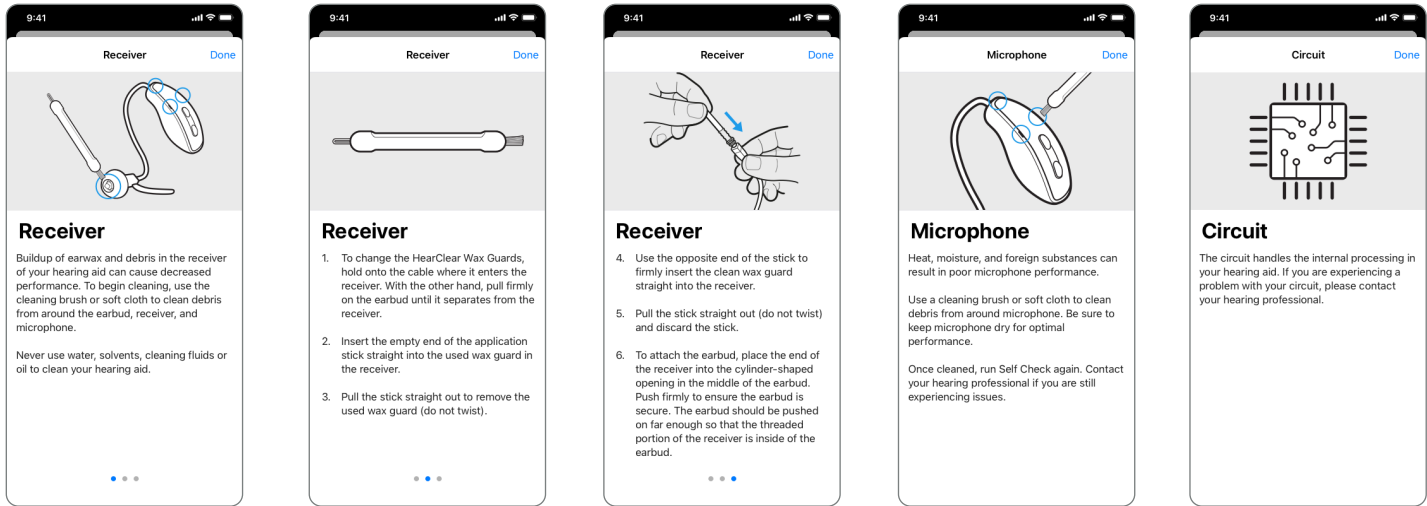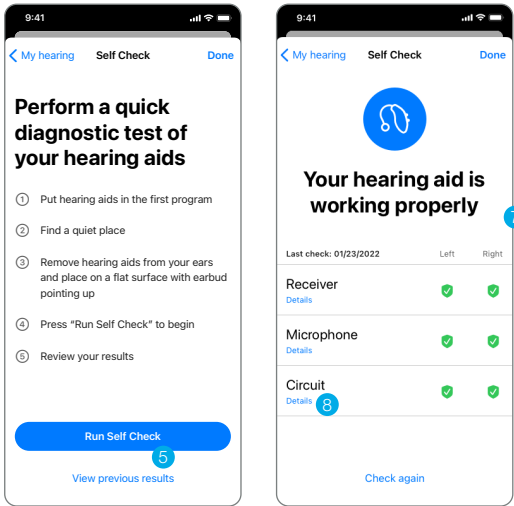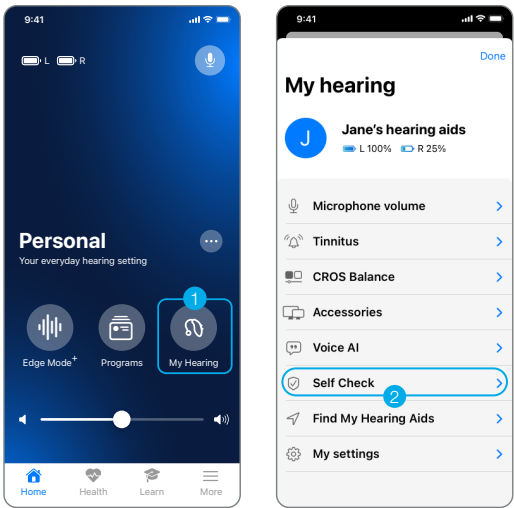
(C) **Red:** Fail

Figure 2

Self Check in My Starkey

Self Check provides a quick, convenient way for patients to analyze their hearing aid system's performance right from My Starkey.

To initiate Self Check in My Starkey:

1. Tap **My Hearing.**

2. Tap **Self Check.**

3. Place hearing aids on a flat surface with the receivers facing up.

4. Reduce all sources of noise.

5. Select **Run Self Check**.

6. A short tone will play in each hearing aid.

7. Once the test is complete, results for each hearing aid component display on the screen.

8. Tap **Details** under each component.

   Component screen examples displayed below.

My hearing

J Jane's hearing aids
   L 100%   R 25%

🎤 Microphone volume ›
🔔 Tinnitus ›
📖 CROS Balance ›
🖥 Accessories ›
💬 Voice AI ›
✅ Self Check ›
➤ Find My Hearing Aids ›
⚙ My settings ›

Perform a quick diagnostic test of your hearing aids

① Put hearing aids in the first program
② Find a quiet place
③ Remove hearing aids from your ears and place on a flat surface with earbud pointing up
④ Press "Run Self Check" to begin
⑤ Review your results

Run Self Check

View previous results

Your hearing aid is working properly

Last check: 01/23/2022   Left   Right

Receiver   ✅ ✅
Details

Microphone   ✅ ✅
Details

Circuit   ✅ ✅
Details

Check again

Receiver

Buildup of earwax and debris in the receiver of your hearing aid can cause decreased performance. To begin cleaning, use the cleaning brush or soft cloth to clean debris from around the earbud, receiver, and microphone.

Never use water, solvents, cleaning fluids or oil to clean your hearing aid.

Receiver

1. To change the HearClear Wax Guards, hold onto the cable where it enters the receiver. With the other hand, pull firmly on the earbud until it separates from the receiver.
2. Insert the empty end of the application stick straight into the used wax guard in the receiver.
3. Pull the stick straight out to remove the used wax guard (do not twist).

Receiver

4. Use the opposite end of the stick to firmly insert the clean wax guard straight into the receiver.
5. Pull the stick straight out (do not twist) and discard the stick.
6. To attach the earbud, place the end of the receiver into the cylinder-shaped opening in the middle of the earbud. Push firmly to ensure the earbud is secure. The earbud should be pushed on far enough so that the threaded portion of the receiver is inside of the earbud.

Microphone

Heat, moisture, and foreign substances can result in poor microphone performance.

Use a cleaning brush or soft cloth to clean debris from around microphone. Be sure to keep microphone dry for optimal performance.

Once cleaned, run Self Check again. Contact your hearing professional if you are still experiencing issues.

Circuit

The circuit handles the internal processing in your hearing aid. If you are experiencing a problem with your circuit, please contact your hearing professional.

Features may vary by country.

Starkey