

## QUICKTIP

# Self Check

Self Check performs a diagnostic test of the hearing aid system to ensure optimal performance of the hearing aid components including microphones, receiver and circuit. Self Check can be initiated by the hearing professional within Inspire X or by the user in the Thrive Hearing Control app.

## Initiating Self Check within Inspire X

A baseline will automatically be established for the hearing aids, as indicated by green check marks. [Fig. 1]  
Hearing professionals can complete the Self Check diagnostic for their patient's hearing devices within Inspire X.

- 1 Select **Patient Tools > Self Check** from the left navigation bar.
- 2 Place hearing aids on a flat surface with the receivers facing up.
- 3 Reduce all sources of noise.
- 4 Click **Begin Test** to begin.
- 5 A brief, robust stimulus will play in each hearing aid.

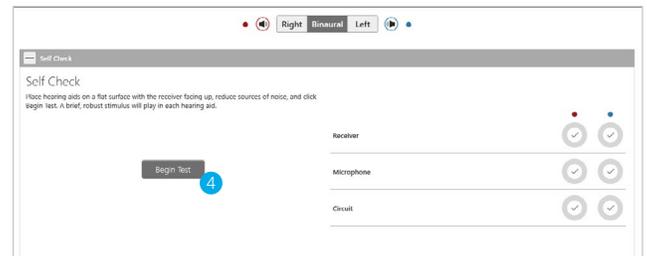


Figure 1

## Self Check Results

Once the test is complete, results for each hearing aid component display on the screen. Hover over the results for more information. [Fig. 2]

- (A) **Green:** Pass
- (B) **Yellow:** Not performing to baseline. Check component.
- (C) **Red:** Fail

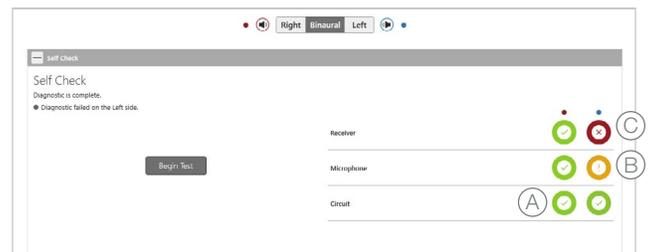


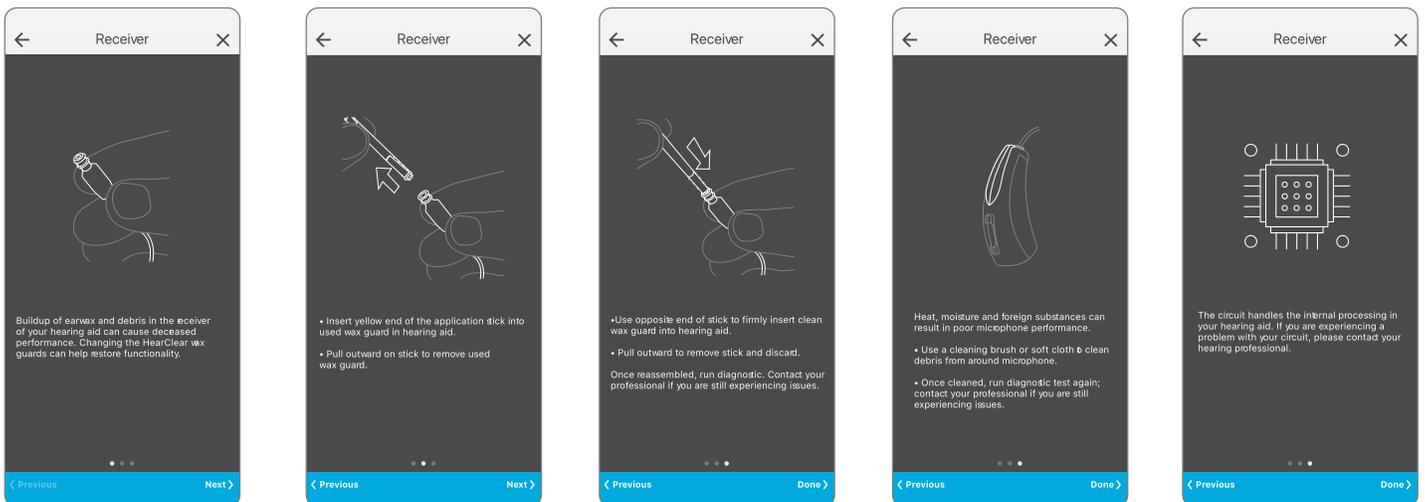
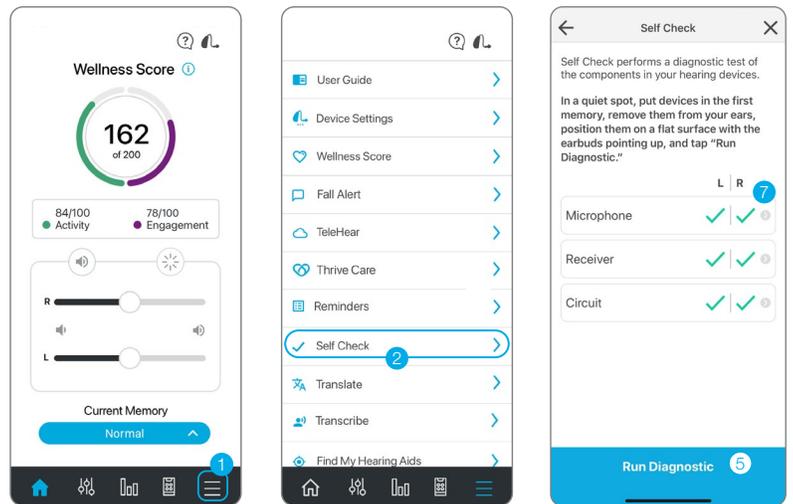
Figure 2

# Self Check in the Thrive App

Self Check provides a quick, convenient way for patients to analyze their hearing aid system's performance right from the Thrive app.

## To initiate Self Check in the Thrive app:

- 1 Tap the **Settings** menu.
- 2 Tap **Self Check**.
- 3 Place hearing aids on a flat surface with the receivers facing up.
- 4 Reduce all sources of noise.
- 5 Select **Run Diagnostic** button.
- 6 A short tone will play in each hearing aid.
- 7 Once the test is complete, results for each hearing aid component display on the screen.
- 8 Tap each component for more information.  
*Component screen examples displayed below.*



Features may vary by country.