

Stay safe around pinch points

Knowing pinch point hazards and safety steps can help prevent serious injuries.

Pinch points are areas where body parts can get caught in or between moving machine parts. Injuries can range from minor cuts to severe amputations, so understanding and following safety procedures is critical.

Here's how to protect yourself and avoid injury:

- **Don't tamper with machine guards:** If a guard is missing or damaged, report it to your supervisor immediately
 - **Use machines and tools as intended:** Always follow instructions and never use equipment for something it isn't designed for
 - **Follow lockout/tagout procedures:** Ensure machinery is properly de-energized before maintenance
 - **Operate machinery only if trained:** Never use equipment without proper instruction
 - **Remove jewelry and secure loose clothing:** Rings, watches, and long hair can get caught in moving parts
 - **Keep hands clear of moving parts:** Be mindful of where your hands are at all times
 - **Use caution with heavy or bulky items:** Follow safety procedures to avoid injury
- **Avoid horseplay on the job:** Stay focused to ensure everyone's safety
 - **Inspect equipment regularly:** Check for damage, wear, or missing guards
 - **Never leave a machine running unattended:** Always turn off equipment when stepping away

By staying alert and following these guidelines, you can keep yourself and your team safe on the job.

