

Era 100 Pro Application Guide:  
**Health and Wellness**

**SONOS**



**The ultimate all-in-one solution for medical practitioners, day spas, yoga studios, meditation centers, holistic healing centers, and other businesses devoted to improving health and well-being.**

A healthcare office or wellness center should be a sanctuary where clients feel relaxed and cared for. The right music enhances the setting, helping uplift moods or creating a sense of tranquility.

High-quality Sonos sound contributes to a memorable experience that builds trust and brand loyalty. A great soundtrack doesn't just benefit patients and clients — it can also inspire and energize staff.

Whether you aim to heal, pamper, or cultivate calm, a Sonos Era 100 Pro system is the perfect way to fill your practice with rich, immersive music that demonstrates your attention to detail and commitment to client well-being.



**Signature Sonos sound and style**

Our professional products provide the same premium sound and effortless experience that have made Sonos a household name. We provide commercial systems that are easy to install and control, delivering streamlined discreet, modern systems that blend into any office, clinic, or studio aesthetic.



## Sonos Era 100 Pro

Era 100 Pro looks, sounds, and works like the Sonos speakers you know and love, but with key features for an installed system. Precision-engineered, Era 100 Pro packs beautifully rich and detailed sound into a sleek, versatile design.

Your installer can mount them on walls and ceilings, tuck them away in corners, or place speakers discreetly on shelves, and you can trust that they'll always deliver clear, even sound. An Ethernet port provides power, network connectivity, and seamless scalability.

## Sonos Era 100 Pro Surface Mount (sold separately)

The Era 100 Pro Surface Mount provides flexible, secure speaker positioning and an elegant, clutter-free aesthetic. Mountable on virtually any surface, it includes built-in theft deterrence, 30° pan and tilt angles and 360° rotation. The mounting plate accommodates hidden or exposed cabling for even more installation options.



## The Sonos app: Curation and control

The Sonos app provides music streaming content, control, and system management together in a single platform. Sonos supports more than 100 streaming services, including Soundtrack Your Brand, Mood Media, Spotify, Amazon Music, Pandora, Apple Music, TIDAL, and Sonos Radio, available in free and premium tiers.\*

\*Commercially licensed music is legally required in business environments. Access a range of commercial streaming services with legal music for business.

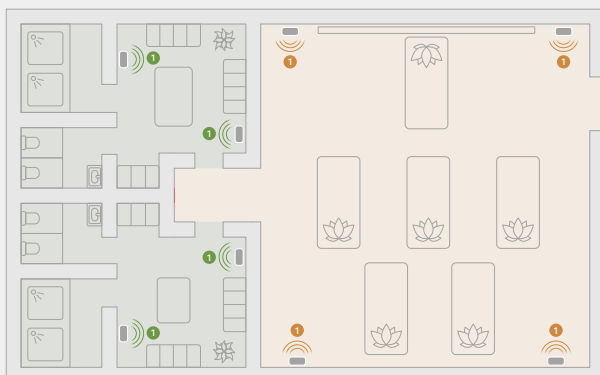


## Sonos with PoE: Flexible, reliable, single-cable simplicity

Era 100 Pro leverages Power over Ethernet (PoE), which streamlines setup by combining power and data over a single network cable.

PoE gives you the flexibility to place your speakers wherever they will look and sound their best – you're no longer limited by proximity to power outlets. PoE means you can count on a wired connection for enhanced reliability, speed, and performance. A secondary wireless connection provides even more flexibility. Integrate Era 100 Pro right into your current PoE setup alongside your existing cameras, monitors, VoIP phone system, and wireless access points. Enjoy convenient, cost-effective operation and peace of mind.

Sonos Era 100 Pro is optimized for PoE+ but can also run on PoE. For more information on selecting the right devices, contact your installer.



Colors indicate different zones.

1 Era 100 Pro

## Zones: Streamlined system management

Enjoy easier system control with dedicated zones, where multiple speakers work together in sync. Play different music in each zone, and temporarily group zones together to manage sound in larger spaces or for specific events.

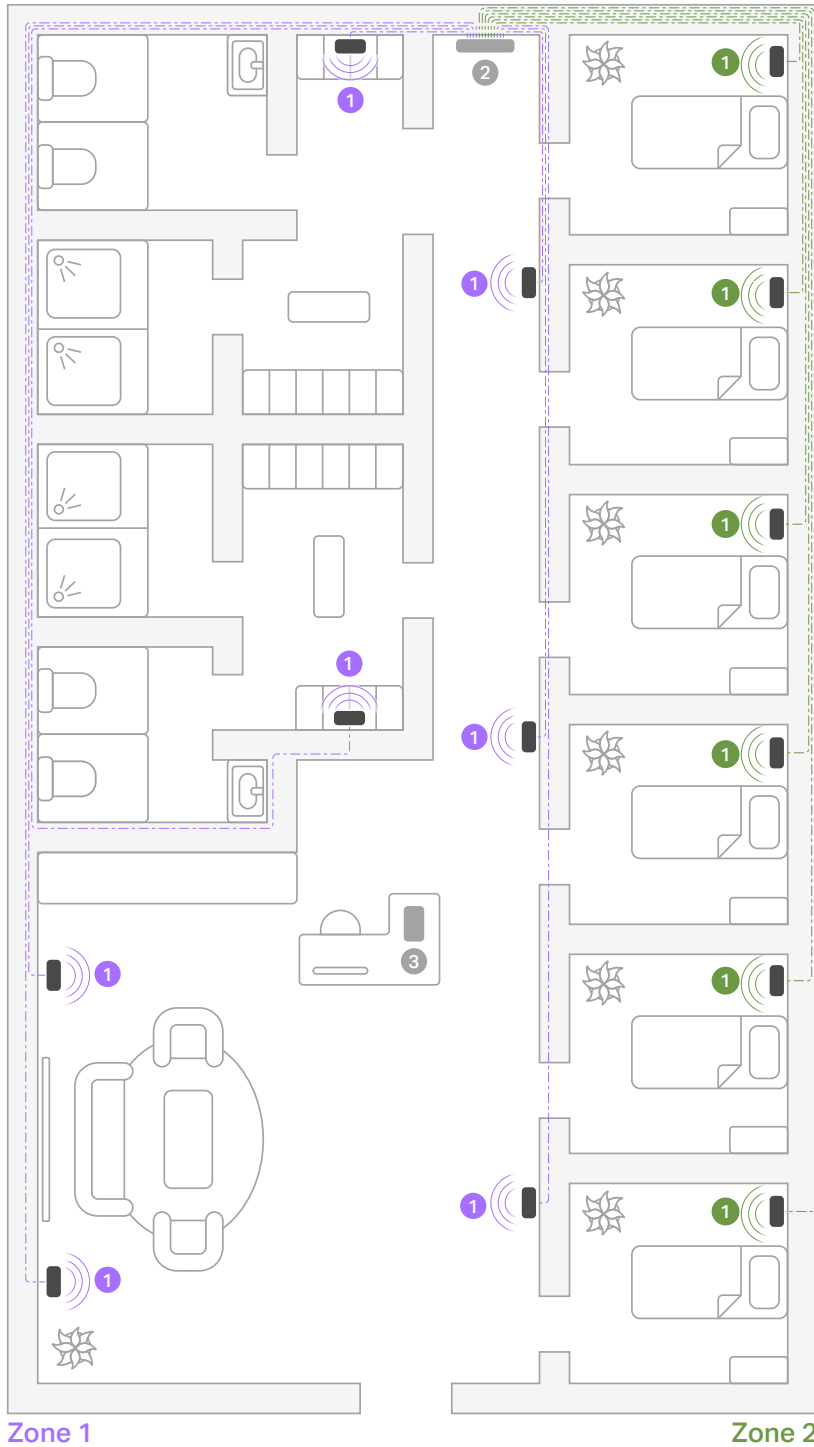
With Sonos, every space in your wellness center becomes an opportunity to cultivate a relaxing environment that enhances the client experience and promotes well-being.

## Seamless sonic immersion

Play soft melodies or nature sounds in treatment rooms to deepen the therapeutic benefits of the services provided. Extend the calming ambiance to bathrooms and changing areas, elevating every aspect of your clients' experience.

Sample system:

Era 100 Pro — PoE Switch — Mobile Device Controller



**Day Spa** 3000 sq ft, 2 zones: reception/waiting area, six individual treatment rooms and bathroom/changing areas

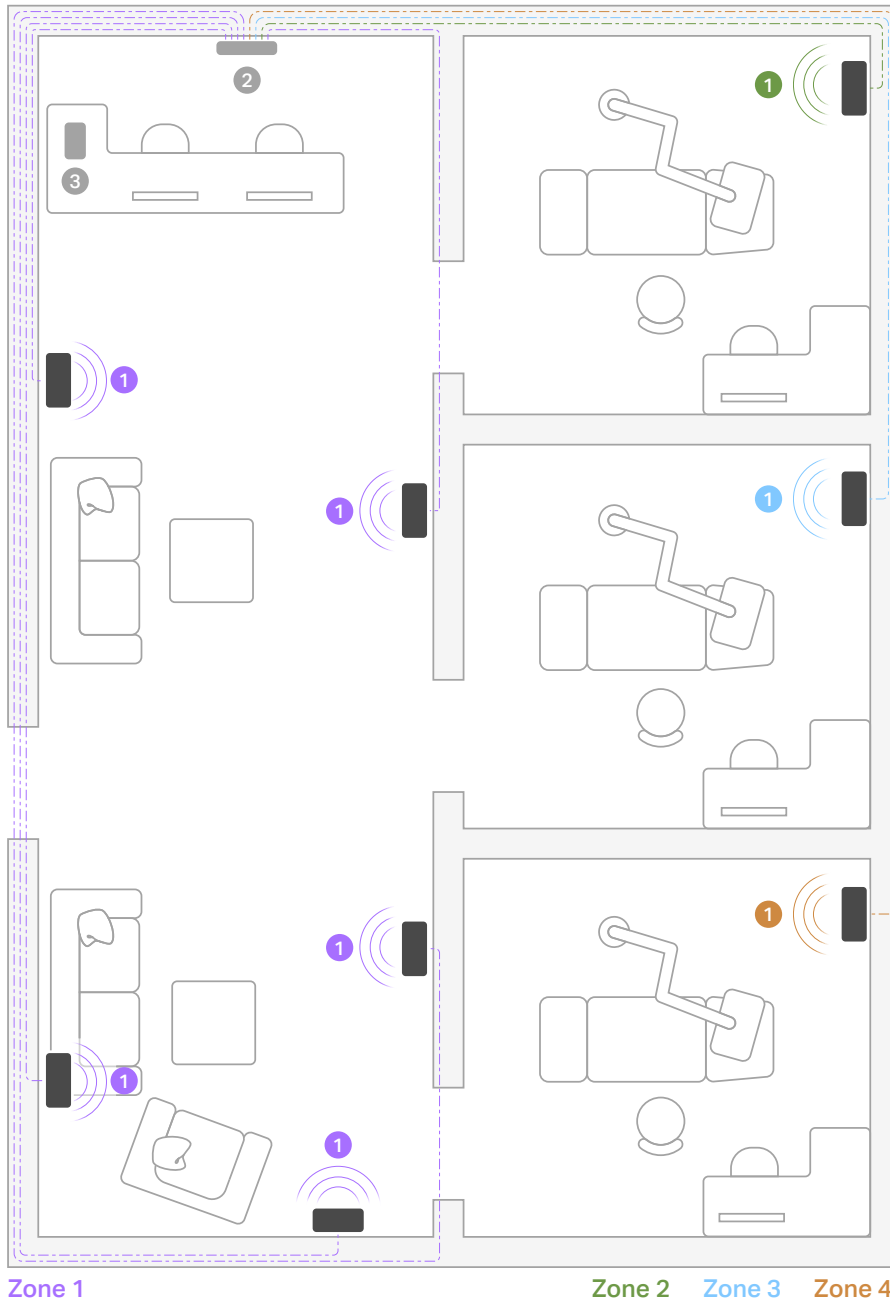
- ① Era 100 Pro
- ② PoE Switch
- ③ Mobile Device Controller
- Ethernet Cable

## Comforting melodies

Build patient trust with carefully curated music that sets the tone for a positive visit. In the waiting room, light, low-volume music puts patients at ease. Carefully curated, calming music in treatment spaces can serve as a welcome distraction from procedures.

Sample system:

Era 100 Pro — PoE Switch — Mobile Device Controller



**Dental practice** 1500 sq ft 4 zones: front desk / waiting area and 3 treatment rooms

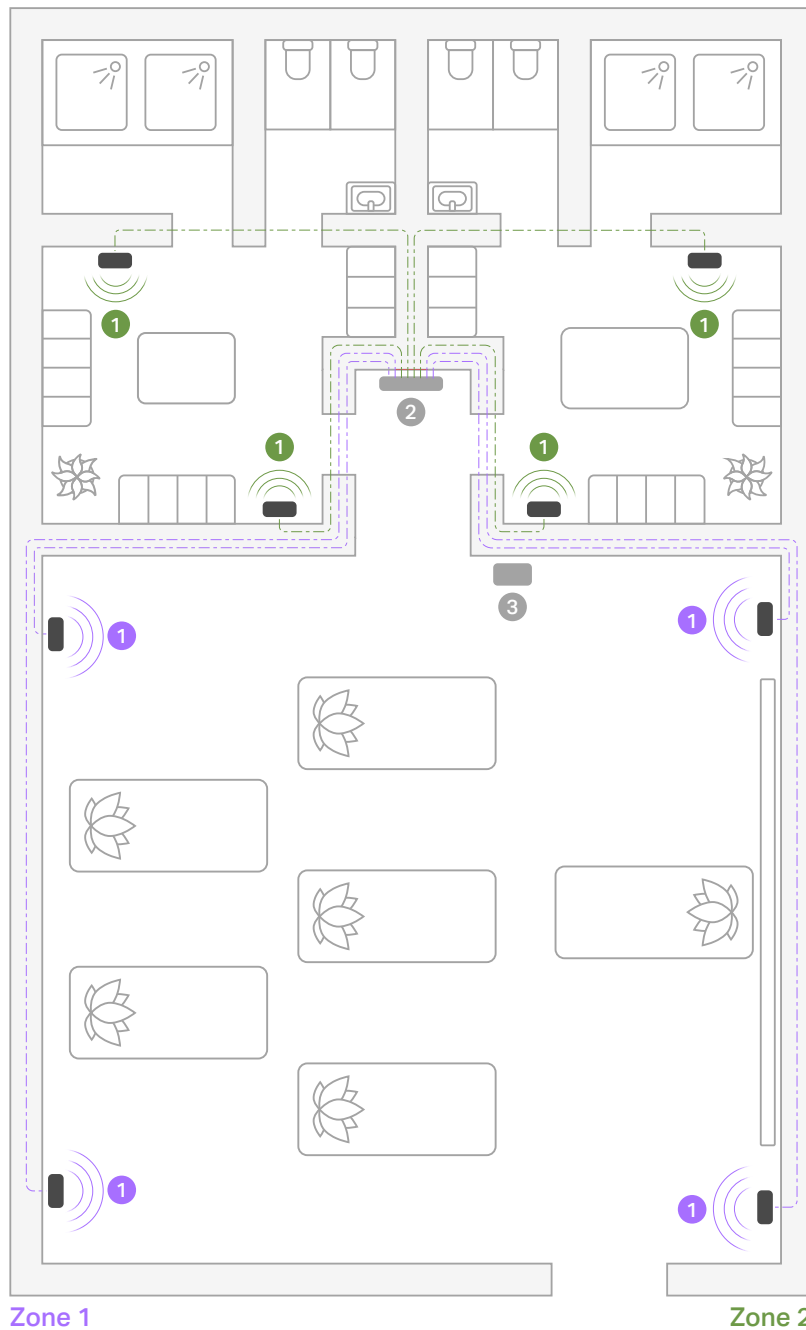
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- ③ Mobile Device Controller
- ..... Ethernet Cable

## Zones of zen

Music is a mood lifter, whether you aim to relax or reinvigorate. Play uplifting songs in the studio to inspire movement, and extend the ambiance with serene soundscapes in the changing area.

Sample system:

Era 100 Pro — PoE Switch — Mobile Device Controller



**Yoga studio** 2000 sq ft, 2 zones: main practice area, bathroom/changing areas

- ① Era 100 Pro
- ② PoE Switch
- ③ Mobile Device Controller
- Ethernet Cable

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